

Want to give up
smoking ?
tried before and started
again?

Experience the power of **Hypnotherapy**
and see how it can help you.

- ◇ **Hypnotherapy** has been shown to be a highly effective way of helping to stop smoking for the long term.
- ◇ Studies suggest that **hypnotherapy** is better than many other stop smoking techniques including nicotine replacement therapy as **positive results** can happen in a **short period of time**.
- ◇ **Success rates** have been shown to be consistently **high** when using **hypnotherapy** for stopping smoking.